# **Introduction to Macrame**

### What is macrame?

- a craft by which many items may be created using simple <u>knots</u>.
- a <u>"textile art</u>" that uses a variety of types of cording.
- This goes far beyond the original concept which included projects such as plant hangers and owls.







- believed to have originated with <u>13th-century Arab weavers</u>.
- These artisans knotted the excess thread and yarn along the edges of hand-loomed fabrics into decorative fringes on bath towels, shawls, and veils.
- The Spanish word *macramé* is derived from the Arabic <u>migramah</u> (مقرمة), believed to mean "striped towel", "ornamental fringe" or "embroidered veil."



- After the Moorish conquest, the art was taken to <u>Spain</u>, then to <u>Italy</u>, especially in the region of Liguria, and then spread through Europe
- It was introduced into England at the court of Mary II in the late 17th century. Queen Mary taught the art of macramé to her ladies-in-waiting



- Sailors made macramé objects in off hours while at sea, and sold or bartered them when they landed, thus spreading the art to places like <u>China</u> and the <u>New</u> <u>World.</u>
- Nineteenth-century British and American sailors made hammocks, bell fringes, and belts from macramé.
  - They called the process <u>"square</u> <u>knotting"</u> after the knot they used most frequently. Sailors also called macramé <u>"McNamara's Lace"</u>



- Macramé was most popular in the <u>Victorian</u> era.
- Sylvia's Book of Macramé Lace (1882), a favorite, showed readers how "to work rich trimmings for black and coloured costumes, both for home wear, garden parties, seaside ramblings, and balls.
- Most Victorian homes were adorned by this craft.
- Macramé was used to make household items such as <u>tablecloths</u>, <u>bedspreads</u> <u>and curtains</u>.







- Though the craze for macramé faded, it regained popularity during the <u>1970s</u> as a means to make wall hangings, articles of clothing, bedspreads, small jean shorts, tablecloths, draperies, plant hangers and other furnishings.
- By the early 1980s macramé had again begun to fall out of fashion as a decoration trend.











### **Macrame Today**



- Macramé has recently become popular again.
- This time in the form of jewelry, such as necklaces, anklets and bracelets.
- Using mainly square knots this jewelry often features handmade glass beads and natural elements such as gemstones, bone or shell.





## **Supplies - Types of String**

- There are several types of cord used in macrame.
  - **<u>Natural cords</u>** are made from plants such as:
    - Jute
    - Sisal
    - Manila
    - Flax
    - Hemp
    - Cotton
    - Raffia
    - Linen
  - Synthetic cords are made from a variety of synthetic materials such as rayon, nylon, plastic, and polyethylene. These cords are washable, and can also be brushed and heat fused. They are also fade proof



Jute



Hemp



## **Supplies - Types of String**

- Cords are available in varying thickness ranging from .5 to 8mm
  - the larger the number the thicker the cord so 8mm is the thickest.
- Cords should be strong enough to stand up to the abrasion of the knotting process and shouldn't have a lot of elasticity or give to them.
- Choose your cords based on:
  - Location and Weather
  - Use
  - Tension and Strength
  - Coloring and Aging



#### **Types of Knots - Square Knot**





#### Types of Knot -Square Knot





2.





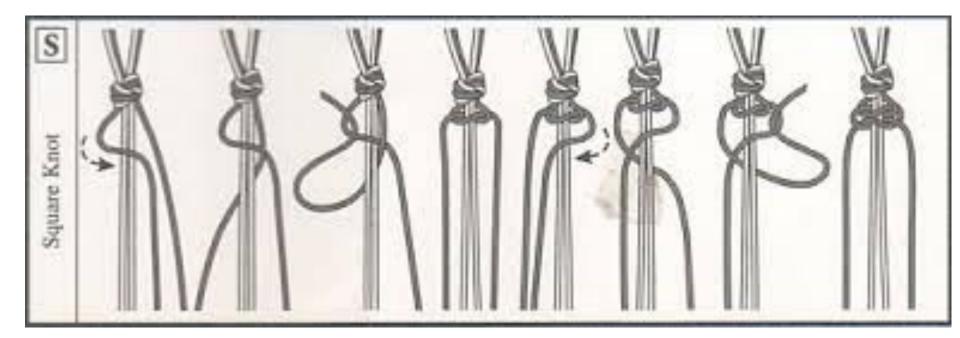






5.

#### Types of Knot -Square Knot



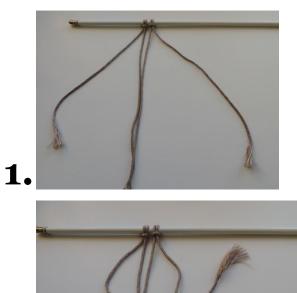
#### **Types of Knots - Twist**







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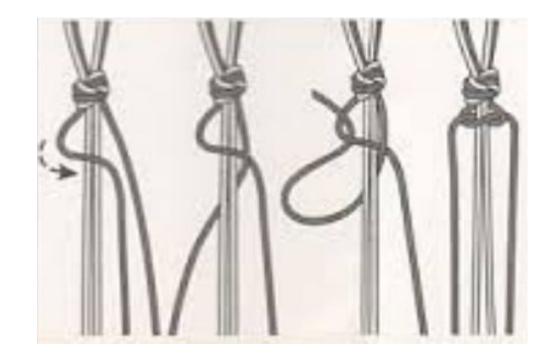




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#### Types of Knots -Twist





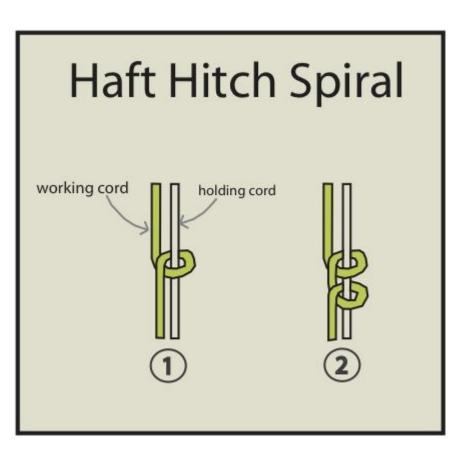
#### Types of Knot -Half Hitch Spiral



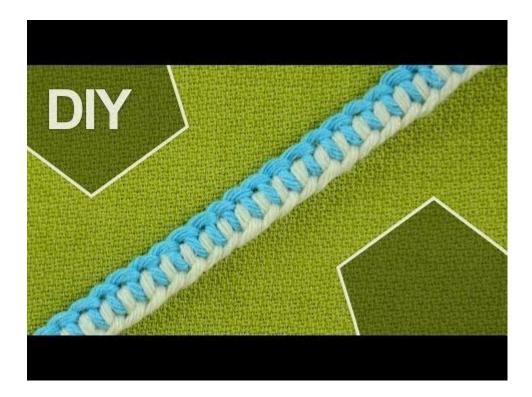


#### Types of Knot -Half Hitch Spiral





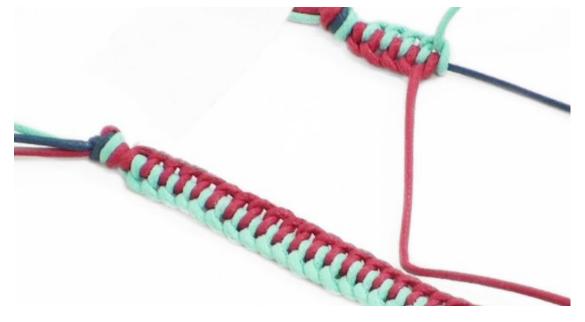
#### Types of Knot -Half Zipper





#### Types of Knot -Half Zipper



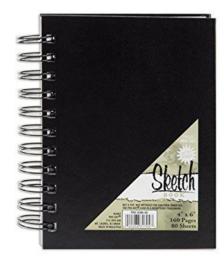


# **Getting Started**



## Step One: Plan out your design

- 1. In your sketchbook, layout which types of knots you plan to use. Create two different designs.
- 2. Pick out your cords and colors that work best for your project and glass fusing design







## **Step Two: Prepare your cords**

- Make sure that your cords are LONG enough. Measure your neck and make them almost double in length. You can always trim them down.
- 2. Knot your cords so that you have four strands using the reverse larkshead knot
- 3. Start with the half knot or the square not and continue to tie
- 4. Check for mistakes as you work
- 5. Remember to measure the length around your neck as you work and stop when you like the desired length



